



Group 3 Scottsdale COMT Course Schedule

Course #	Module	Comments	Didactic Total Hrs	Dates
1	<i>Foundations I</i>	<i>Hx of Manual Therapy, patient handling and interview concepts, indications/contraindications, biomechanics, review of systems, organ and joint palpation, intro to common manipulations, intro to imaging, muscle length and strength testing</i>	12 hours	Oct. 28 - 29, 2017
2	<i>Foundations II</i>	<i>Patient education, persistent pain, exam of joint, common manipulations, functional movement analysis, advanced imaging,</i>	16 hours	Jan 13 - 14, 2017
3	<i>Lumbar Spine</i>	<i>Lumbar anatomy and prevalence, lumbar exam, palpation, evaluation, manual therapy techniques, exercise, SIJ anatomy, exam, and treatment, peripheral nerve entrapments</i>	16 hours	Feb 17 -18, 2018
4	<i>Lower Quarter</i>	<i>Hip, knee, foot/ankle: foundation, exam/eval, treatment, lower extremity palpation and nerve biasing, intro to hip movement system impairments, LQ exercise</i>	16 hours	April 14 - 15, 2018
5	<i>Cervical Spine</i>	<i>Cervical and thoracic foundations, anatomy, biomechanics, differential diagnosis, exam, cervical and thoracic manual therapy and exercise, intro to cervical movement system impairment and repeated motions</i>	16 hours	June 9 - 10, 2018
6	<i>Upper Quarter/Thoracic</i>	<i>Shoulder, elbow, wrist and hand: foundation, exam/eval, treatment, upper extremity palpation and nerve biasing, intro to shoulder movement system impairments, UQ exercise</i>	16 hours	Aug 18 – 19, 2018
7	<i>Final Exam</i>	<i>Written and Practical</i>		Oct. 6 2018